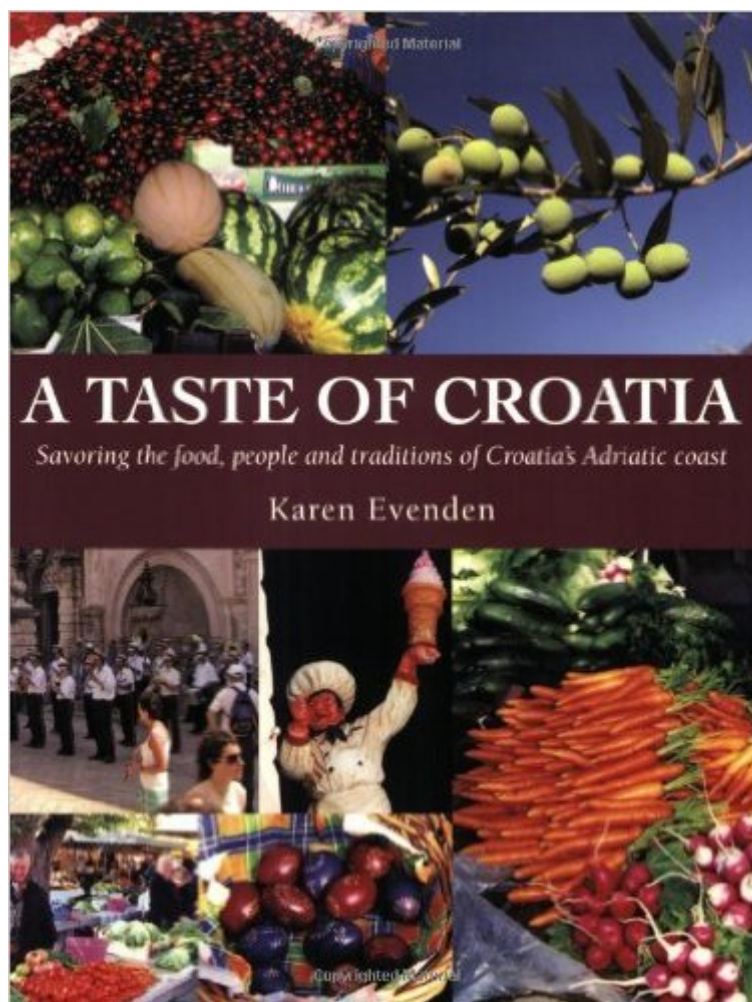


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A Taste Of Croatia



Synopsis

A Taste of Croatia...savoring the food, people and traditions of Croatia's Adriatic coast...is both a user-friendly cookbook and an intriguing travel memoir dedicated to the land that the New York Times recently dubbed the "New Riviera." Packed with straight-forward recipes, photos, food facts and anecdotes, the author has created a publication that goes beyond the bounds of what makes a great cookbook...she delivers the spirit of the culture, the country and the cuisine and then ties it all together with a collection of recipes that will make you want to run to your kitchen and start cooking. Today, throughout America, we are hearing more and more about the benefits of eating fresh, seasonal, local foods that are grown and produced using sustainable methods. However, for today's cooks, it can be difficult to know exactly how to incorporate these concepts into our busy lives without it being too complicated, time consuming or expensive. Toss in a dash of ethnicity and even the most competent home cook can become discouraged. Fear not: A Taste of Croatia provides a straightforward and easy way to celebrate a culture whose dishes can be created anywhere fresh ingredients can be found...all the while capturing you with an inspiring story that will allow you to set out on your own adventure...without leaving your favorite chair. A Taste of Croatia is based on the author and her husband's three-year odyssey sailing the Adriatic coast and living aboard their 50-foot sailboat. It is the story of the lands they explored, the people they met, the markets they visited and the foods they enjoyed. Presented as a well organized, easy-to-use cookbook, most of the recipes have been savored by generations of Croatians and all of the recipes have been adapted for use in American kitchens. It is the author's hope to provide each reader with his or her own enriching, delicious, inspiring and thought-provoking "taste of Croatia."

Book Information

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Customer Reviews

We thoroughly enjoyed the cuisine during a recent trip in Slovenia, Croatia and Bosnia-Herzegovina. Near the end of the trip, I went in to a bookstore in Dubrovnik and asked if they had any cookbooks in English. This was the book that the clerk showed me. So I bought it and read it on the plane home. I am now ordering several copies for friends who made the trip with us. The author's story brings back memories from our trip and the recipes are the food that we ate. We've only been home a week and I've already made several of the recipes. They are well laid out with simple ingredients. I look forward to trying many more.

While it is a well written travelogue, it leaves something to be desired as a Croatian cookbok. It provides an approximation of some Croatian recipes. It makes too many substitutions of ingrediants and leaves out some classic recipes such as cevapcici. It did not meet my expectations for a cookbook.

Karen Evenden's book describes sailing the Mediterranean, specifically the Croatian coast, in beautiful detail. It is a great way to escape from the long, cold winter and be transported to another world full of sunshine, friendly people and delicious food. The recipes are easy to follow and full of fresh, seasonal ingredients. If the reader isn't fortunate enough to visit Croatia, at least he/she can savor the cuisine.

This book has many simple to prepare but very different recipes. Also, the author has a vivid narrative that helps the reader see the landscapes the recipes come from. Very readable, usable, and enjoyable!

Some nice text on sailing along the Croatian coast, but, a lot of the recipes are the author's fanciful adaptations of the region's cookery. For example, in her recipe for 'bakalar', she substitutes canned tuna for the dried cod. It's just not the same dish.

What a fabulous cookbook! I have spent most of July and August working my way through the lighter recipes and I've loved everything that I've made, even the sauerkraut salad! My fathers family

is from Italy and some of the recipes seemed vaguely familiar but definitely had a different twist. The grilled squid turned out great/tasty/succulent and was one of my favorites. Now that autumn is almost here in New England and my vegetable garden is no longer producing (weep...) I am looking forward to the heartier dishes. Additionally, I enjoyed the travel log and cultural notes provided. It was nice to learn about groups such as DEÃ A that are committed to serving the needs of women while simultaneously fostering an educational and social environment in which all can learn and develop through experiences rich in culture and community.

I was very pleased to purchase this book. I have used most of the recipes and have had pleasant outcomes. It is always good to have a recipe turn out well. It has a great bread recipe too. The only thing I did not like is that it did not have pictures of the finished product.

The recipes in this book are tasty, easy to cook, and can easily be adapted to ingredients on hand. I am cooking my way through and my family is loving it. While I am familiar with lots of Croatian dishes, they are usually difficult or very technique sensitive. The insights, suggestions and travelogue keep me reading while cooking.

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